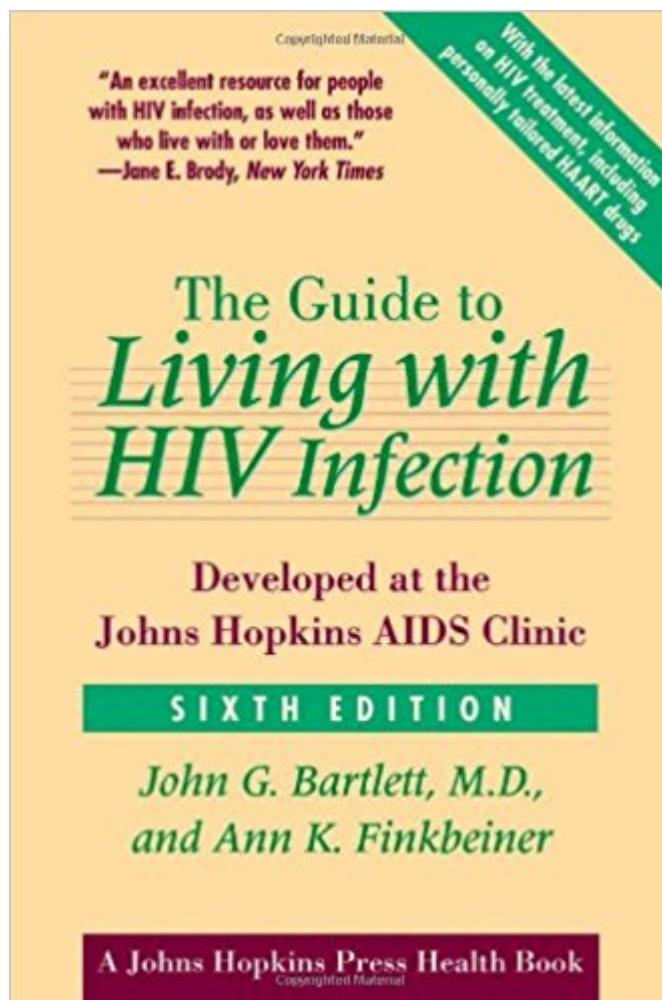


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# The Guide To Living With HIV Infection: Developed At The Johns Hopkins AIDS Clinic (A Johns Hopkins Press Health Book)



## **Synopsis**

The Guide to Living with HIV Infection is the most complete source of medical, emotional, social, and practical advice available for those infected with HIV and their loved ones. Developed at the Johns Hopkins AIDS Clinic, the guide provides essential information for making decisions about treatment and testing in a world transformed by new research and pharmacotherapy. In this thoroughly updated sixth edition, Dr. John Bartlett and Ann K. Finkbeiner address the latest information about risks of transmission, viral mutations that confer drug resistance, and new, rapid, HIV testing. They offer guidelines for Highly Active Antiretroviral Therapy (HAART), a therapy protocol that has dramatically increased life expectancy for HIV-positive people. They describe how to follow HAART and when to change drug regimens, the symptoms of and treatments for HAART side effects, and the costs of and insurance coverage for HAART. They also outline the possibilities for a diagnosis of "no detectable virus." Accompanied by updated references and resources, the sixth edition of The Guide to Living with HIV Infection offers new hope for people living with a virus that once left no hope at all.

## **Book Information**

Series: A Johns Hopkins Press Health Book

Hardcover: 408 pages

Publisher: Johns Hopkins University Press; 6th edition (September 26, 2006)

Language: English

ISBN-10: 0801884853

ISBN-13: 978-0801884856

Product Dimensions: 6 x 1.3 x 9 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 9 customer reviews

Best Sellers Rank: #641,689 in Books (See Top 100 in Books) #83 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > AIDS #2383 in Books > Politics & Social Sciences > Politics & Government > Public Affairs & Policy > Social Services & Welfare

## **Customer Reviews**

Bartlett, professor of medicine and director of the Infectious Diseases Division of the Johns Hopkins Medical Institutions, and Finkbeiner, a science writer, have written this authoritative, plain-spoken book to let people with HIV infection, Aids-Related Complex (ARC), or AIDS "know what they're up against" and to help them deal thoroughly and positively with the medical and emotional problems

the infection presents. Aimed at teaching HIV-infected people "how to live as long and full and satisfying a life as possible," this guide offers practical advice on such topics as what to do when diagnosed, how to prevent transmission, and how to maintain positive attitudes. The glossary is especially helpful in understanding HIV/ARC/AIDS terminology. With more than one million Americans living with HIV infection, this book is recommended to the broadest readership as one of the best AIDS popular handbooks. The paperback is a good buy.- James Swanton, Albert Einstein Coll. of Medicine, New YorkCopyright 1991 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

"An excellent resource for a motivated patient... Written and compiled by people who have genuinely and carefully listened to their patients... An admirable achievement." (AIDS Care)"Thoughtful and clearly written... [This] is a wonderful addition to the literature on HIV infection and will fill a very special need for many patients, their families and friends, and their providers. I recommend it highly." (Gerald H. Friedland, M.D. Journal of the American Medical Association)"An excellent source of information for patients." (Christine Jamjian Journal of Pain and Palliative Care Pharmacotherapy)

When the fourth edition of The Guide to Living with HIV Infection was published in 1998, the effects of the new drugs against HIV were only beginning to be appreciated. Since that time, rates of hospitalization, serious illness, and death have dropped by 60 to 80 percent and have stayed down. Several years ago, one young woman with no remaining immune system had made the decision, despite her odds, to be kept alive artificially; she now lives a healthy life, has a near-normal immune system, and, for the last three years, has had no detectable HIV. Her world, and the world for most people affected by HIV infection, is radically changed.In this new edition of their acclaimed guide, Dr. John Bartlett, director of the Infectious Diseases Division at the Johns Hopkins Hospital, and science writer Ann Finkbeiner thoroughly update their discussion of the disease, from the evolving issue of when to start treatment to the new and sophisticated tests for the response to treatment, for the state of the immune system, and for HIV's resistance to various drugs. They describe these drugs' unanticipated side effects, among which are changes in peoples' appearances and increases in the lipid levels of their blood. They offer advice on adhering to the drugs' regimen--a regimen so strict and demanding that even AIDS doctors, in trials using placebos, failed it. And they explain the medical strategies by which the levels of HIV can be pushed down to an undetectable level and made to stay there.

Living with HIV it is necessary to learn how to take care of your body with food , medication and Exercize. In this book things are explained on what your body is going through and how to deal and reverse some of these things happening to your body. A must read for people with HIV and folks who's friends or family have HIV to help an understand this virus they are living with.

I needed the book for one of my college courses

Have only read a few sections in this book but so far have gained a lot of information for myself & others living with this condition. Helps to take control back on this scary virus.

As someone only recently becoming interested in HIV this book covered alot of ground, including the medical course of the disease, the emotional effects on those with the infection and those caring for people with it and legal matters. Designed more as a manual, where certain chapters can be skipped if not relative to a persons needs, it's structure still led easily from one section to the next. Accounts from people living with the virus and their caregivers add a human touch which can be associated with by almost anyone. A very good book for anyone coming in blind to the subject. Interesting, thought provoking and intellegent...

As a PWA (Person living with AIDS) and a professional that works in the private Social Services sector specializing in HIV/AIDS patient care, I highly recommend this book!This book can function as both a personal and/or professional guide to the disease, the services and benefits that someone living with HIV/AIDS may qualify for, and a general overview of some of the drugs and treatment options.This book is also a wonderful tool to give to friends and family should someone living with HIV/AIDS choose to disclose their Sero-status.Highly recommended without any reservation!

This up-to-date 1998 book is absolutely essential reading for anyone with HIV or AIDS. The book not only addresses the medical aspects of this virus, but also such issues as understanding and communicating about HIV, how to deal with HIV's possible effects on the body, insuarance and HIV and guidance for making legal, financial and medical decisions. No book written prior to 1998 offers current enough information about this virus. For this year, this book can serve as a vital referenc manual for those with HIV or those who love someone with HIV.

An excellent guide which explains how HIV is transmitted, evaluates available treatment and prevention, provides counsel on coping with the emotional effects of the infection, and addresses financial and legal concerns. New to this revised and updated edition are detailed discussions of new drugs, special considerations for women, and recent data on CD4 cell counts and viral load.

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